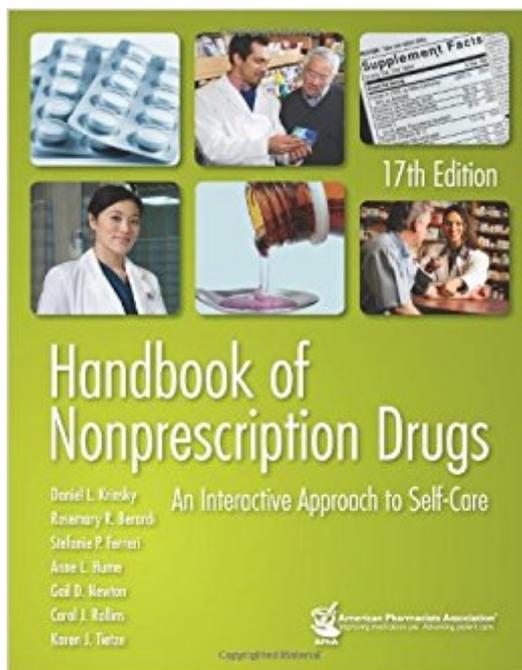


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# Handbook Of Nonprescription Drugs: An Interactive Approach To Self-Care



## Synopsis

Thoroughly updated and revised, the Handbook of Nonprescription Drugs: An Interactive Approach to Self-Care provides accessible information on nonprescription drug pharmacotherapy, nutritional supplements, medical foods, nondrug and preventive measures, and complementary and alternative therapies. The 17th edition helps students and practitioners develop problem-solving skills needed to assess and triage a pharmacy patient's medical complaints. It provides Food and Drug Administration (FDA) approved dosing information and evidence-based research on the efficacy and safety of over-the-counter (OTC) and herbal medications. 52 peer-reviewed chapters provide updated content on OTC medications and complementary therapies, prescription-to-OTC conversions, FDA revised or final rules, FDA safety and label warnings, therapeutic issues and controversies, treatment or prevention guidelines, OTC drug withdrawals from the market, and updated product tables and references. Disease-oriented chapters contain new and revised case studies, treatment algorithms, comparisons of self-treatments, patient education boxes, product selection guidelines, and dosage and administration guidelines. A new chapter, Self-Care Components of Selected Chronic Diseases covers asthma, diabetes mellitus, hypertension and heart failure, dyslipidemia, and osteopenia and osteoporosis. Key Points section at the end of chapters highlights important concepts. Available online through subscription to PharmacyLibrary with robust classroom resources, including monthly chapter updates, chapter presentations through template PowerPoint slides, links to credible websites, and supplemental QuEST/SCHOLAR case studies.

## Book Information

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## Customer Reviews

Honestly, I only got this because I would have been kicked out of class if I didn't. Not worth the buy at all, especially since online references are a lot more updated and a lot more reliable if you know where to look.

On first impression I was surprised by how physically light this textbook is for its size. The text reads clearly, but the tables are most valuable for getting to reference information quickly. This would be a great addition to a family bookshelf for when anyone needs safe medical self-care for pain or a multitude of common problems.

There are many ways to say the to treat what ill's you. This book contains tons of information that every home should have in its arsenal. This has come in handy. I have a better understanding of my choices.

I agree with the person that said this book is light for its size, but I really wish it came in a Kindle edition since that would be much easier to read. I do wish that the book gave more brand names of the different drugs. The tables are helpful as noted in the previous reviews, which might be a problem if this were on Kindle. This probably isn't the right place to say this, but it sure would be nice if the Kindle reader function could zoom in on things because the one drawback I have noted with my other textbooks on Kindle is that some of the tables are really difficult to read and they do not zoom--it would be nice to have that upgraded.

I'm in pharmacy school and this was a requirement. We had an online copy but after getting the physical book I was hooked. The format of the book is pretty straightforward and is easy to navigate. The information is very thorough and there are handy flowcharts to help you process the information. As well there are counseling examples with summaries so you can tailor the information to the patient and overload them with details.

I bought an older edition to save money. If you are really curious about how Pepto, Nyquil, Benadryl, and Aleve really work, what the pro's and con's are, what the alternatives are -- this is THE book!

too expensive - no need to make these so pricey for the students. the editions are always changing. many grammatical and other errors in this book. but it was compulsory for me to have this book so there is no choice. it is quite interesting to read.

This was a required book for a class, so it met the requirement perfectly. It contains a lot of good information and it's surprisingly interestingly written for a text book. Some of the information seems to contradict other parts though.

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